

cLazyU

Hike & YOGA

JOIN US ON TUESDAY & THURSDAY
AFTERNOON FROM 2:00-3:30PM. MEET AT THE
PATIO HOUSE.

A 90 minute journey that begins with a brief hike to
our viewpoint where we will do an hour
hatha/vinyasa yoga class suitable for all levels.
Please wear sunscreen, gym shoes, and protective
clothing. Rides can also be arranged to and from the
yoga location.

Cost: \$35 per person

Lazy You YOGA

WEDNESDAY FROM 2:30-3:30PM. MEET ON THE
LATIGO DECK.

An hour beginner's level seated yoga class that
consists of basic stretching, breathing exercises,
and meditation to reduce back pain and stress. The
class will take place on the breathtaking deck of
the Latigo Room and can be moved inside in case
of storms.

Cost: \$25 per person



SIGN-UP IN THE OUTFITTER'S CABIN