

cLazy U
RANCH

Hike TO YOGA

TUESDAYS @ 2:00 PM
MEET AT THE PATIO HOUSE.

A 90 minute journey that begins with a hike to our yoga deck that overlooks Willow Creek Reservoir where you will do an hour hatha/vinyasa yoga class suitable for all levels.

Please wear sunscreen, gym shoes, and sun-protective clothing.

\$35/person



Lazy You YOGA

THURSDAYS @ 9:00AM
MEET AT THE PATIO HOUSE.

An hour beginner's level seated yoga class that consists of basic stretching, breathing exercises, and meditation to reduce back pain and stress. The class will take place on the breathtaking deck of the Latigo Room and can be moved inside in case of storms. Please wear sunscreen, gym shoes, and sun-protective clothing.

\$25/person

PLEASE SIGN-UP FOR YOUR SESSION IN THE OUTFITTERS CABIN