

Riding & Relaxation Retreat

Daily Schedule

FRIDAY

12:30 LUNCH (horse assignments ongoing)
1:30-2:00 RIDER ORIENTATION @ BARN
2:00 SMALL GROUP TRAIL RIDES
5:00 LODGE LOUNGE—INTRODUCTIONS
6:30 SOCIAL TIME, APPETIZERS
7:00 DINNER

MONDAY

7:30-9:00 BREAKFAST, OPEN SEATING
9:00 RIDER'S CHOICE (ARENA OR TRAIL)
11:30 LUNCH AND GOODBYES

SATURDAY AND SUNDAY

7:30-9:00 BREAKFAST, OPEN SEATING
9:00-10:15 SESSION #1
10:30-12 SESSION #2
12:30 LUNCH
1:30 SESSION #3
3:00 SESSION #4
5:00 LODGE LOUNGE- WORKSHOP*
6:00 SOCIAL HOUR
7:00 DINNER

RIDING BREAKOUT SESSIONS: Each group will rotate through these four sessions on Saturday and Sunday.

- A. Indoor Arena-- clinic with Julie
- B. Outdoor Arena-- practice session with Twyla
- C. Latigo Room—stretching, warm up/cool down, centering
- D. Trail Ride—meet at barn

Group 1

SAT: Indoor--Outdoor	LUNCH	Latigo-- Trail
SUN: Latigo—Trail	LUNCH	Indoor-- Outdoor

Group 2

SAT: Outdoor-- Indoor	LUNCH	Trail-- Latigo
SUN: Indoor-- Outdoor	LUNCH	Latigo-- Trail

Group 3

SAT: Latigo—Trail	LUNCH	Indoor-- Outdoor
SUN: Outdoor-- Indoor	LUNCH	Trail-- Latigo

* The Evening Workshop is informal and optional; a time to discuss horse behavior, horse training, bits and tack, building confidence or answer any burning horsemanship questions you may have. We will ask you to vote on the topics you would like to talk about.