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# denver life

Colorado's leading lifestyle magazine

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A complete guide to Colorado's most charming small towns

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# The road to relaxation

Whether traveling through Colorado's small towns or on a dedicated pampering weekend, reservations at these destination spas will help you find paradise. *by Aspen Bentley*

Colorado's small towns are home to some of the state's most unique spa treatments that will make you feel as beautiful as the nature that surrounds you. Unwind amidst scenic mountain vistas from Granby to Telluride and rejuvenate your body and mind with wellness experiences designed to make the most of Colorado travel.

For an upscale spa vacation, many high-end luxury hotels along the I-70 corridor offer mountain-inspired treatments. The **Ritz-Carlton Bachelor Gulch** is a mid-mountain oasis that offers the Miners Mineral Mud Wrap, using Colorado-mined activated charcoal mud with detoxifying properties. Wash it off while furthering your relaxation with a dip in the luxurious cave-like grotto. [marriott.com](http://marriott.com)

For a bohemian spa vacation, visit **Pure Beauty and Wellness Spa** while exploring Telluride. Offering unique treatments such as cryo-sculpting, infrared sauna therapy, and oxygen therapy, the highlight of this spa is the large salt cave. With Himalayan salt stretching from floor to ceiling, the salty air benefits anti-inflammatory reaction, hydration, and skin detoxification. [purebeautytelluride.com](http://purebeautytelluride.com)

Don't let altitude sickness spoil your Aspen vacation. The **RAKxa Wellness Spa** in the St. Regis uses state-of-the-art technology to combat altitude-related ailments by combining Thai techniques with modern treatments to address muscle aches and tension, and increase circulation. [rakxawellness.com](http://rakxawellness.com)

While vacationing in Manitou Springs, embrace the healing power of water at **SunWater Spa**. Soak in its 12 mineral-water cedar pools with breathtaking views, or immerse yourself in a sound bath. [sunwaterspa.com](http://sunwaterspa.com)

Release your inner flower child at the **Dragontree**. After a day of hiking around Boulder, guests can convene in the Sangha Room for shared relaxation, including foot baths, massages, and spa lunches in a boho aesthetic. [thedragontree.com](http://thedragontree.com)



Stay at the **C Lazy U Ranch** in Granby and experience the traditions of the American West while relaxing in the six riverside tents. Two of the tents are suspended over the river with glass floors so you can watch the fish swimming below you as you enjoy a massage. Unwind in true Wild West fashion with the Cowboy Soak in therapeutic copper tubs overlooking the Continental Divide while enjoying champagne and strawberries, giving you an elevated frontier escape. [clazyu.com](http://clazyu.com)



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