



COLORADO'S PREMIER GUEST RANCH
since 1919



Adventure On Teen Program Schedule

C LAZY U TEEN PROGRAM

Please Note

Beginning this year, all teen riders are required to sign up for every equestrian experience they are participating in, including trail rides. Space and availability are limited, and this policy helps protect our herd from overuse while ensuring each guest and member has the opportunity to ride.

Ride reservations are required and will be honored as scheduled. **If your plans change, please let us know at least 24 hours prior** to riding so we can accommodate other guests and avoid saddling a horse unnecessarily. This helps us care for our horses and provide the best experience for all guests.

Rider Readiness

All riders should report to the mounting block ready to ride in proper attire:

- Jeans
- Proper headwear: Helmet (all riders under 18 years of age are required to wear riding helmets)
- Riding boots: Flat sneakers, fashion boots, and chunky hiking boots are not permitted for safety reasons

Rider Eligibility

The ranch maintains a 250-pound weight limit for horseback riding. Barn Management will make the final determination on whether a guest may ride based on weight, physical ability, the level of assistance required, and overall safety for both horse and rider. Rider fitness, experience, horse size, terrain, and ride type are all taken into consideration, and management may restrict or prohibit riding when necessary to ensure the wellbeing of both horse and rider.

Teens Requiring Additional Support

C Lazy U Ranch is an active working ranch and horseback riding environment. Our programs and trail rides are designed for teens who can safely participate in ranch activities, follow verbal safety instructions, and independently manage routine aspects of the experience.

For the safety of our guests, horses, and staff, we cannot provide one-on-one personal assistance or specialized adaptive riding equipment, and some activities may not be suitable for teens who require this level of support. Participation decisions are based on safety considerations and the specific requirements of our programs, rather than on any diagnosis or condition.

We encourage families to contact us in advance to discuss a teen's individual needs so we can determine whether our programs will be a safe and enjoyable fit.



Daily Activities



Sunday

2:00–5:00 PM Rider Assessment & Horse Assignments

Meet the Equestrian Team, review experience and riding expectations, and receive horse assignments based on experience and ride preferences. Guests should have their pre-arrival paperwork completed, as horses are primarily assigned using this information. Guests can expect to ride multiple horses during their stay as horses may be rotated throughout the week.

5:45 PM Teen Dinner at the Lodge

After Dinner Activity – Tour and explore the ranch with the counselors and other teens. Options include playing pickleball, volleyball, visiting horses in corrals and stopping by the barn to get fitted for a horse saddle and helmet.

Monday


9:00 AM Teen Rider Orientation (Indoor Arena)

Introduction to horses and riding programs, proper attire, safety expectations, mounting/dismounting, correct position, rein handling, seat and leg aids, and demonstrations of halt, turn on the forehand, posting/sitting trot, and lope/canter. **Mandatory for all Teens wishing to ride during the week.**

9:30 AM Walk only trail ride after Orientation

1:45 PM Adventure On Teen Ground Work / Round Pen Horsemanship Clinic and Horse Grooming

This clinic takes place on **Monday afternoon** for teens participating in the **Adventure On Teen Program**. This is not a riding clinic, but a hands-on introduction to horsemanship from the ground up. Teens will learn how horses communicate, explore herd dynamics, and understand how to influence a horse's movement through intention, body language, and calm leadership. The clinic includes a round pen demonstration, with select participants having the opportunity to work directly with a horse, as well as instruction in proper halter and lead-rope handling. The experience concludes with a grooming session, where teens learn proper grooming techniques, basic anatomy, and



essential horse care while enjoying quiet, meaningful time in the barn. This clinic emphasizes non-verbal communication, emotional awareness, and leadership—skills that extend beyond horsemanship and into everyday life.

5:45 PM Teen Dinner on Lodge Deck

After Dinner Activity – Short hike to the East Meadow for horse herd tour and fun! Teens will walk the meadow with counselors where they can meet and interact with different horses, take photos, and learn more about what it means to be a horse in a herd of 200!

Tuesday

9:00 AM Teen Instructional Walk–Trot Trail Ride

This instructional trail ride focuses on building confident, correct riding skills in a fun and supportive environment. Teens will learn how to post and sit the trot properly, develop soft, steady hands, and use their seat and leg aids to guide and control their horse rather than relying on the reins. Emphasis is placed on balance, rhythm, and clear communication, so riders gain confidence and progress comfortably throughout the week.

1:45 PM Grand Lake Adventure (Off-site)

Teens have the choice to visit Grand Lake where they can either go mini-golfing, go-kart racing, or paddle boarding on the lake! Grand Lake is a nearby lake town with Colorado's deepest, natural lake. After the activity, teens will grab ice cream down at the lake before heading back to the ranch!

5:45 PM Teen Dinner on Lodge Deck

After Dinner Activity – Archery, Hatchets and BB Guns session followed by bonfire and s'mores at the Ropes Course firepit. Teens will spend the evening at the ranch activity range participating in supervised archery, hatchet throwing, and BB gun shooting. Trained staff provide instruction, review safety rules, and closely monitor all participants.

Students rotate through stations in small groups, practicing basic skills while enjoying a fun, structured outdoor experience. All equipment is provided, and safety is the top priority. After teens get a chance to test their skills at the activity course, they will settle in by a warm bonfire and enjoy s'mores together!

Wednesday

9:00 AM Teen Instructional Walk-Trot Trail Ride

12:30 PM White Water Rafting Adventure on the Colorado River

Get ready for a full day of Colorado River excitement! Teens will depart at 12:30pm and head to Kremmling, CO, where we partner with Mad Adventures to gear up and hit the river for an unforgettable white water rafting experience. You'll paddle through beautiful canyon scenery filled with soaring granite walls, forests of spruce and fir, and plenty of fun Class I-II rapids that are perfect for both beginners and thrill seekers alike. Teens will return to the ranch by 5pm.

6:30 PM Teens eat with parents at Patio House Cookout

Evening Entertainment – Live Music and S'mores

Thursday

9:00 AM Teen Ropes Course Adventure

Teens will head to the ranch's high ropes course where they will learn to scale the climbing wall, play on the vertical play pen and get the chance for multiple runs on the zip line!

1:45 PM Instructional Trail Ride

This ride builds on the skills learned during the instructional walk-trot trail ride. If all participants are ready and demonstrate appropriate balance, control, and horsemanship, the lope may be introduced on suitable terrain under close supervision, allowing riders to continue progressing safely and confidently.

5:45 PM Teen Dinner on Lodge Deck

After Dinner Activity – Talent Show Practice and Performance as a group!

Friday

9:00 AM Family Ride OR Instructional Trail Ride

**Sign up required for both options*

1:45 PM Family Ride OR Instructional Trail Ride

**Sign up required for both options*

5:45 PM Teen Dinner on Lodge Deck

After Dinner Activity – Capture the Flag: As night falls, the dude ranch comes alive with Capture the Flag—teens racing through fields and trails, flashlights flickering and laughter echoing under the stars. It's fast, sneaky, and unforgettable, with dusty sneakers, bold moves, and bragging rights earned by moonlight.

8:00 PM Teen Line Dancing Practice

Kick up your boots and get ready to move! Teens will learn the basics of country line dancing, including popular steps, patterns, and timing, all set to fun, energetic music. This is a great way to improve rhythm, coordination, and confidence while having a blast with friends. By the end of the session, participants will be able to perform full dances and even try their hand at leading some of the steps themselves. Whether you're a beginner or just want to sharpen your moves, this session promises laughter, teamwork, and plenty of opportunities to show off your skills on the dance floor!

Evening Entertainment – Hay Barn Dance

Saturday

9:00 AM Short Instructional Trail Ride OR Family Ride


**Sign up required for both options*

11:00 AM Shodeo Practice OR Pool Time*

**For teens that would rather do the Relay Race during shodeo.*

2:30 PM Shodeo

The Shodeo is a fun, inclusive competition that brings together everything you've learned during the week. Open to riders of all ages and levels, it emphasizes good horsemanship—control, balance, and



partnership—over speed, with friendly competition in a supportive ranch setting. It's the perfect way to celebrate your progress and wrap up your C Lazy U riding week.

6:30 PM Granby Rodeo Excursion

Saddle up for an action-packed evening at the Granby Rodeo! Teens will experience the thrill of live rodeo events, cheering on cowboys and cowgirls as they tackle bull riding, barrel racing, team roping, calf roping, and bronc riding.

What Teens in the Adventure On Teen Program can expect to do on their Instructional Trail Rides:

Adventure On Teen Trail Rides are designed for beginner, novice, or non-riders. It is a progressive learning ride created for those interested in developing foundational riding and horsemanship skills while increasing their confidence with horses. Riders will learn general horsemanship principles, horse communication, developing feel, and building a respectful partnership with their horse. Instruction includes proper position, balance, leg and rein aids, developing a correct seat, and learning how to post and sit the trot. Depending on each rider's progression, trail rides may include loping as the week progresses.